

**72  
HOURS**

If an emergency happens in our community, it may take emergency workers some time to reach you. **You should be prepared to take care of yourself and your family for a minimum of 72 hours.**

**Basic items you will need to survive for 72 hours:**

- Water - at least two litres of water per person per day (including small bottles that can be carried easily in case of an evacuation order)
- Food - that won't spoil, such as canned food, energy bars and dried foods
- Manual can opener
- Flashlight and batteries
- First Aid Kit
- Extra keys for your car and house
- Candles and matches or lighter
- Special items such as prescription medications, infant formula and equipment for people with disabilities
- Some cash in smaller bills, such as \$10 bills and change for pay phones
- Battery-powered or wind-up radio (and extra batteries)
- A copy of your emergency plan including contact information



**Recommended additional kit supplies:**

- A change of clothing and footwear for each household member
- Sleeping bag or warm (foil) blanket for each household member
- A whistle
- Garbage bags for personal sanitation
- Toilet paper and other personal care supplies
- Safety gloves
- Basic tools
- Small fuel-driven stove and fuel
- Two additional litres of water per person per day for cooking and cleaning

For more information visit [www.embc.gov.bc.ca](http://www.embc.gov.bc.ca)

## Chase River Dam System

The Chase River Dam System has been identified as a flood risk for the John Barsby School site and surrounding neighbourhood. The City of Nanaimo has installed an early warning siren to alert the school and neighbourhood of a possible dam breach. Because of the potential for flood waters to affect the school **all evacuations for earthquake or flood alerts will be to high ground at the corner of 7th and Howard. If further evacuation is needed we will move to the City of Nanaimo's pick-up point 8th and Bruce.** For more information about the early warning system and the Chase River Dams visit the City of Nanaimo website [www.nanaimo.ca](http://www.nanaimo.ca) For information about flood and earthquake safety [www.embc.gov.bc.ca](http://www.embc.gov.bc.ca)

### Personal Safety and Flooding—Key Points

- Vehicles, including SUV's, are commonly carried off of roadways in as little as 0.6 metres (2 feet) of moving water.
- Walking in moving water deeper than 0.15 metres (6 inches) is potentially dangerous.
- People should avoid walking or driving through water or getting too close to watercourses with surging floodwaters.



**John Barsby  
Community School**



550 7th St., Nanaimo V9R 3Z2 - 250 753-8211; fax: 250 753-2430, Principal Deb Marshall, Vice-Principals Dave Travers and Rob Hoban, Secretary Krista Presotto.

<http://schools.sd68.bc.ca/bars/>



# John Barsby Community School



## Student Safety Awareness Education



## At Barsby safety is our **PRIORITY**

We take safety seriously at JBCS and as part of our program we offer safety education, conduct regular evacuation drills and maintain First Aid, rescue and emergency shelter supplies.



**Fire Drills:** We practice our Fire Drills in the Autumn and Spring focusing on quick and efficient evacuation of the building.



**Earthquake Drills:** For earthquake drills we practice the Duck, Cover and Hold technique then evacuate the building.

## Closures for Inclement Weather

School Closure announcements come to you through the local Nanaimo radio stations **WAVE 102.3 FM** and **WOLF 106.9 FM** or on the school district website



[www.sd68.bc.ca](http://www.sd68.bc.ca) You can also follow us on TWITTER @sd68bc or download the **SD68 APP** (Android or Apple devices) for updates and announcements about school closures during inclement weather.

## Reconnecting you with your child

In the event of an evacuation our goal is to re-unite you with your child as soon as possible.

In the event of a **Fire evacuation:** Pick-up your child at the school.



In the event of an **Earthquake or Flood evacuation:** Pick-up your child at our off-site evacuation area at the **corner of 7th and Howard**. If further evacuation is needed we will move to the City of Nanaimo's pick-up point 8th and Bruce.

## Important Information

**We need your up-to-date contact info and emergency contacts.** Please keep this information up-to-date to help us re-unite you with your child as soon as possible.

**We will only release your child with people listed on your contact form** as emergency contacts—be sure this information is accurate.

**Be sure to tell your child to stay with school staff** until you or someone you trust picks them up from the evacuation site. Going home alone can be dangerous. We will provide first aid care, shelter, food and security until you pick-up your child.

## Smart use of Technology

In the event of an evacuation a cellphone can be a useful tool if it is used correctly. Ensure that your child **DOES NOT** use the cellphone until safely out of the building... **after** that it is safe to send a message.



Use **TEXT** instead of voice calling as texts are more likely to get through in the event of an emergency.

Keep messages simple... If your child texts “school evacuation, I’m OK, pick me up” it gives you a clear idea of what is happening and peace of mind that she/he is safe.



Your child should not “Tweet” about the event. Our district Twitter **@sd68bc** or the **SD68 APP** will have accurate details.

**PLEASE DO NOT CALL THE SCHOOL DURING AN EVACUATION!, WE WILL NOT BE ANSWERING IN-COMING CALLS.**

**WE NEED OUR LINES CLEAR FOR EMERGENCY COMMUNICATIONS.**