Harewood Urgent Counselling Walk-in Clinic Opening



Do you sometimes need someone to talk through something that's really bothering you, but to someone who is not involved? At the end of each week this free clinic may prove helpful!

Similar to the Crisis Walk-in Clinic at Brooks Landing, this <u>free</u> clinic will be open to the general public and will be open one day a week on late Friday afternoons / early evenings. No appointment is necessary. The Harewood Clinic will be located at the main entrance of Georgia Avenue Community School, just south of the University Heights mall on Georgia Avenue.

Our goal is to help adult clients turn their crisis/urgent matter into an opportunity for positive change in a single 40 minute session. Clients are welcome to return for another brief session if they wish. Longer-term therapy is available at our office located at #306 - 285 Prideaux Street (where appointments are required).

Clinic hours will be from 4 – 8 p.m. each Friday beginning February 10th, 2017.

Island Integrated Counselling has served the community for 19 years and has had a presence in Harewood for more than a decade.

For more information visit www.islandintegratedcounselling.com or phone 250